

WINTER PROGRAMME 25/26

UNESCO BIOSPHERE PARK KÄRNTNER NOCKBERGE



Registration

To take part in the programmes, get in touch with the contact listed and sign up for the tour of your choice. Alternatively, scan the QR code for the tour with your phone and book online.

Equipment

In line with the season, we recommend winter-appropriate hiking gear, robust shoes and sunscreen. Snowshoes are available for rent upon request.

WINTER PROGRAMME

2025 / 2026

On the trail of winter in the Biosphere Park Nockberge

Start your own seasonal journey of discovery of an alpine gem and experience the thrill winter in the Biosphere Park Nockberge. Our professional rangers help you gain an impression of the peculiarities of the Biosphere Park during winter and share long-standing traditions as well as the challenges for wildlife and plants.

IMPRINT

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*For
harmony
between
humans
& nature*



www.biosphaerenparknockberge.at



[nockberge_biosphaerenpark](https://www.instagram.com/nockberge_biosphaerenpark)



[/biosphaerenparknockberge](https://www.facebook.com/biosphaerenparknockberge)

UNESCO

United Nations Educational, Scientific
and Cultural Organization

www.unesco.at

INFORMATION

Living spaces that go further

UNESCO Biosphere Park Kärntner Nockberge

In 2012, the Kärntner Nockberge became part of the Biosphere Park „Salzburger Lungau & Kärntner Nockberge“ and have won international awards as part of the UNESCO program „Man and the Biosphere“ (MAB).

The tasks of a Biosphere Reserve include:

- protecting cultural and biological diversity
- promoting and connecting innovative projects
- supporting monitoring and research projects
- educational and PR initiatives

Biosphere

literally means “living space” and, in simple terms, refers to the harmonious interaction between humans, culture, animals, and plants.

MAN AND THE BIOSPHERE

The UNESCO MAB program serves to secure natural resources and biodiversity in the long term.



INFORMATION

Biosphere Park Nockberge

Humans and nature in balance

Each biosphere park is divided into zones:

- a nature zone, which comprises ecosystems that are particularly close to nature and require strict conservation
- a conservation zone, which surrounds and protects the core area
- a development zone, where local communities work together in a sustainable way.

The aim is to achieve a balance between protecting biological diversity, promoting economic and social development, and preserving cultural values.

Use and protect

Zoning and types of use

-  Nature zone
-  Conservation zone
-  Development zone



Settled area



Research



Education



Traditional use of land

The fundamental goal of every biosphere park is the sustainable development of the relationship between humans and their environment. To this end, biosphere parks operate according to a specific management plan.



RESPECT FOR HUMANS, NATURE AND CULTURE

Ranger Andi

Together in the Biosphere Park

In a UNESCO biosphere park, the focus is very much on the people who live and work there in harmony with nature and know how to respect and appreciate the rare wildlife and plants. To ensure that humans and nature can coexist harmoniously in every season, we have a few rules of conduct that must be followed in the biosphere park – because the local wildlife needs an undisturbed habitat, especially in winter. For your own protection, you should also be aware of potential dangers during this time of year.

Scan the QR code and watch the video!

Ranger Andi tells you all you need to know about what rules to follow in the Biosphere Park Kärntner Nockberge!

Out of consideration for humans and nature



Avalanche warning service:

lawine-kaernten.at

Alpine emergency service: 140



REGISTRATION

Bad Kleinkirchheim

22/12/2025 to 30/03/2026

Mondays

3D movie experience Biosphere Park Nockberge

Green Islands in the Stream of Time

Let our award-winning 3D movie take you on a journey through the fascinating world of the UNESCO Biosphere Park Nockberge. Visit the most beautiful spots of the reserve and learn how nature, culture and a sustainable way of life have been interlinked for centuries. A biosphere park ranger will be there throughout the movie to share insider knowledge about the region and answer any questions you may have afterwards.



Tourism office
Dorfstraße 30 | 9546 Bad Kleinkirchheim



Nockmobil stop NM 022



20:30



Approx. 1 hour



Free of charge



Max. 40 persons per showing



Register by 15.00 on the day

- ▶ online using the QR code
- ▶ at the Bad Kleinkirchheim tourism office:
tel. +43 (0)4240 / 8212



REGISTRATION

Bad Kleinkirchheim

23/12/2025 to 31/03/2026

Tuesdays

Experiencing culture and nature The sunny side of Bad Kleinkirchheim

Together with a biosphere park ranger, embark on an informative tour along the sunny side of Bad Kleinkirchheim, past churches steeped in history, old farmsteads and „Troadkästen“ barns. Expect not just fascinating stories about the region, but also lots of information on how people have been living here in harmony with nature for centuries and on the careful use of resources.



Kaiserburgbahn valley station
Schneerosenweg 3 | 9546 Bad Kleinkirchheim



Nockmobil stop NM 012



14:00



Approx. 3 hours



€ 22.00 per person
€ 15.00 per child (under the age of 16)
▶ free with Sonnenschein Card/MIC



Max. 20 persons



Register by 10.00 on the day
▶ online using the QR code
▶ at the Bad Kleinkirchheim tourism office:
tel. +43 (0)4240 / 8212



REGISTRATION

St. Oswald

24/12/2025 to 25/03/2026

Wednesdays

The Nockberge in Winter – Stay Safe in the Mountains Snowshoe Tour

Join our biosphere park ranger on this tour through the wintry landscape of the Biosphere Park Nockberge. Learn more about the adaptation strategies of wildlife and plants to survive the winter season as well as important rules to ensure the harmonious coexistence of humans and nature. The ranger will ensure that you have the right equipment for the tour and also explain how to use avalanche beacons, sensors and shovels. The perfect seasonal encounter with nature!



Biosphärenparkbahn Brunnach valley station
9546 St. Oswald



Nockmobil stop NM 487



10:00



Approx. 3 hours



€ 22.00 per person
€ 15.00 per child (under the age of 16)

- ▶ Free with Sonnenschein Card/MIC
- ▶ Plus € 10.00 rental for snowshoes, poles and avalanche beacon
- ▶ Plus lift ticket; snow conditions permitting, the tour starts at the valley station.



Max. 15 persons; winter shoes & hiking clothes, sunscreen, water and snacks required



- Register by 15.00 the day before
- ▶ online using the QR code
 - ▶ at the Bad Kleinkirchheim tourism office:
tel. +43 (0)4240 / 8212



REGISTRATION

St. Lorenzen

08/01/2026 to 26/03/2026

Thursdays

TIMEless Idyll in St. Lorenzen

Mountain scenery straight out of a fairy tale

On this tour, we will explore the magnificent winter landscape around St. Lorenzen. The conscious encounter with this snow-covered land is a far cry from the daily grind. Listen to our ranger providing insights into regional cultural history and explaining how nature adapts to this cold time of year – topics that are closely connected to the underlying concept of the biosphere park.



St. Lorenzen 12
9565 Ebene Reichenau



Nockmobil stop NM 230



09:30



Approx. 4-5 hours



€ 22.00 per person

- ▶ Free with Sonnenschein Card/MIC
- ▶ Plus € 10.00 rental for snowshoes, poles and avalanche beacon



Winter shoes & hiking clothes, sunscreen, drink and snacks required!



Max. 10 persons; difficult tour!



- Register by 15.00 the day before
- ▶ online using the QR code
 - ▶ at the Bad Kleinkirchheim tourism office: tel. +43 (0)4240 / 8212



REGISTRATION

St. Oswald

26/12/2025 to 02/01/2026 | 06/02 to 27/02/2026

Fridays

Nature Adventures in the Snow – family tour

Together with a biosphere park ranger, you will discover the winter secrets of the forest ecosystem. Wildlife might be difficult to spot, but feeding traces on cones and tree bark tell us a lot about how the animals live. Learn about basic connections and correct behaviour in nature in a playful manner and take home the stone pine aroma sachet that you will make yourself at the end of the tour!



Biosphärenparkbahn Brunnach valley station
9546 St. Oswald



Nockmobil stop NM 487



14:00



Approx. 2 hours



€ 16.00 for adults
€ 7.00 for children (under the age of 16)
▶ Free with Sonnenschein Card/MIC



Winter shoes & clothes required!
Max. 20 persons



Register by 15.00 the day before
▶ online using the QR-Code
▶ at the Bad Kleinkirchheim tourism office:
tel. +43 (0)4240 / 8212



REGISTRATION

Innerkrams

26/12/2025 to 09/01/2026 | 06/02 to 06/03/2026

Fraturdays

Animal Tracks and Plant Tricks – On the Trail of Nature

Winter poses unique challenges for animals and plants, and they have developed astonishing survival strategies. Some animals hibernate or go into winter dormancy, while others reduce their activities to conserve energy. Plants, on the other hand, protect themselves with special mechanisms in their cells or retreat into their roots. Together, we will search for clues, learn about nature's survival tricks, and gain insight into the lifestyles of foxes, hares, deer, and stags. As a lasting souvenir, we will make a stone pine-scented sachet.



Alm-Resort Frühauf
Innerkrams 7 | 9862 Innerkrams



10:00



Approx. 2.5 hours



€ 16.00 for adults
€ 7.00 for children (under the age of 16)
▶ Free with Innerkramser Bonuscard



Winter shoes & hiking clothes, sunscreen,
water and small snacks required!
Max. 20 persons



Register by 15.00 the day before
▶ online using the QR code
▶ at the Biosphere Park Admin Office:
tel. +43 (0)4275 / 665
E-Mail: nockberge@ktn.gv.at
▶ at the Alm-Resort Frühauf:
tel. +43 (0)4736 / 2110



Biosphere Park Kärntner Nockberge



Biosphere Park Admin Office
9565 Ebene Reichenau 117



By arrangement



Ranger tour (max. 15 persons)
► half day: € 144 per tour/group
► full day: € 270 per tour/group



Dates, meeting point and equipment
will be agreed upon in person.



Information and registration
► at the Biosphere Park Admin Office:
tel. +43 (0)4275 / 665
E-Mail: nockberge@ktn.gv.at

22/12/2025 to 31/03/2026

Monday-Sunday

»Rent a Ranger« – Your personalised tour

Book your individual tour and benefit from the wealth of experience and knowledge of the Biosphere Park rangers. Our rangers are enthusiastic, well-trained, and know the special features of the Nockberge Biosphere Park like no one else. Together we will discover mysterious places, remarkable details of nature, and wonderful viewpoints. Whether alone, with friends, family, or colleagues, a “Rent a Ranger” tour is a unique experience and also makes a great gift.

**:)) Get smart
this winter**



www.nockmobil.at

Please book your service at least 60 minutes
before the desired time of travel.

For groups of more than 6,
please book by 18:00 the day before.

TRAVEL THE REGION IN COMFORT

Nockmobil – Your flexible travel in the Nockberge



With the Nockmobil, you have complete flexibility within the entire region, whether you want to go hiking, visit a thermal spa or go to a restaurant. Our shared taxi service, in combination with public transport, provides the region with comprehensive, reliable, and inexpensive transportation. You can find an overview of all stops, including maps to download, on our homepage.

Operating hours

► **Monday to Sunday, 8:00 until 20:00**

Information and bookings

► **tel. +43 123 500 444 24**

► **online: www.nockmobil.at**

► **or via the app:**

Android



IOS





**SUSTAINABLE
DEVELOPMENT GOALS**

As a UNESCO-designated biosphere park, we strive to implement the SDGs in our region as far as possible and thus contribute to a livable global future.

FOR A SHARED FUTURE

Sustainability

17 goals for sustainable development – SDGs

The United Nations Sustainable Development Goals (SDGs) are a global call to action to end poverty and hunger, protect the planet, and create peace and prosperity for all. They recognise the urgency, necessity, and value of learning and cooperation. Throughout the Biosphere Park Kärntner Nockberge, the park guides and supports all municipalities, businesses, schools, and organizations in their efforts to achieve these goals.

Our winter programme covers the following sustainability goals:

